**Primary PE and Sport Premium: Case study of effective practice**

**The Role of a Sports Apprentice in Developing School PE**

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| **Context**As a small village school we are working closely with our cluster of schools through the East Bedfordshire Schools Sports Partnership to help maximise our use of the sports funding. We also are working closely with SSG Sports and Solutions company who help deliver our PE curriculum throughout the school on a weekly basis. They also provide a weekly after school sports club for all our children.In our partnership with East Beds Schools’ Partnership we work with the Alban/Burgoyne Cluster which include Ravensden Lower, Renhold Lower, Great Barford Lower and Lawnside Lower.PE as a subject at Everton Lower was not evidently part of the school’s Development Plans in past years before the funding. It was timetabled for 1 hours’ teaching per week from September through to April and then 2 hours from May-July to include swimming lessons in our on-site shallow learner pool.Everton Lower School is a smaller than average village school with 45 children. There is an attached pre-school which can have up to 15 children at any time. Everton is a small village of about 200 dwellings (including outlying) and is located close to the border with Cambridgeshire a little over two miles north-east of the market town of Sandy. |
| **What actions were taken? Who was involved? What did they do? What did it look like?**When the funding became available the school hired a Sports Apprentice from Active Luton to work in school for 30 hours a week. This apprentice helped develop the skills and confidence of both children and staff in PE. As well as being trained himself he provided sessions for children and training sessions for staff in the delivery of the PE curriculum. He also asked the children what after-school clubs they would like and held a range of sporting clubs and sessions at the end of the school day.After becoming a member of the EBSSP our children are now involved in competitive sports festivals and matches involving football, tag rugby, kwik cricket, tennis and athletics. The children will have opportunities to visit and take part in activities at the Bedford International Athletics Stadium.As a whole school we joined ‘The Golden Mile’ initiative where the children are challenged to walk 50 miles in a year. We now all walk a mile every Friday and many of our parents and families join us on our Golden Mile track. The children also have travel cards to record the distance they walk to and from school on a daily basis. PE is now a high priority for the staff and children. It is part of our school development plan and we are always looking forward for ways in which to promote sports, fitness and well-being. After he had qualified, our sports apprentice became a Teaching Assistant with a specialism in PE and as well as continuing to develop staff teaching skills, he holds a daily lunchtime challenge for children to compete against each other in learning or developing a sporting skill. In the Summer Term we will continue our aim for children to complete swimming awards and swim daily in our school pool.We have purchased all new planning resources for the teaching of Gymnastics, Games, Athletics and Dance to comply with the new 2014 Curriculum.Our children look at the ’10 high quality outcomes for PE and Sports’ noticeboard we have displayed in the playground during every PE lesson and evaluate their commitments towards these.We linked up with the advisory PE consultant from Central Bedfordshire to undertake a review of our PE provision.  |
| **What was the impact on participants? What have been the positive impacts of this work on the young people?** Achievement in PE has improved and the staff and our external providers SSG are keeping more detailed evaluations and assessments of the children abilities. Our school participation within inter-school competitions have increased and the quality of the outcomes have improved with each competition or match. Team work has improved and our children are more confident in their own abilities. We have had our sports kits sponsored by a local company with our school name written on the back – this has developed our sense of identity in competitive games. Attitudes and behaviour have developed well through participation in the whole school ‘Golden Mile’. Together we represent the school in the local community park as we walk our mile. Staff, parents and children have all reported an increase in stamina and pace when completing the mile each week. In February we came second nationally as the top three schools who record the most walked miles each month. Graphs and certificates are shown to parents and given to children in a weekly celebration assembly. As a school we have walked a grand total of 800 miles since January (An average of 17.8 miles per person). In March we have so far averaged 5.5 miles per pupil. 10 children have completed 25 miles, 2 of whom have reached the goal of 50 miles already. All children have reached the first milestone of 10 miles walked since we began.The school is participating in Bikeability within the next Summer Term.**Young person quote:** *“ PE is really fun now. We do so many different sports at school. I’ve got much better at basketball and football. The golden mile is really good for our fitness and we are getting faster and faster at walking the mile every Friday”.* |
| **What was the impact on the school/cluster of schools?** Teaching of PE has become more dynamic and focused. New coaches and staffing in school have helped developed skill sets and learning rates have increased. Improvements in individual children’s abilities and skills have been assessed and recorded on a school assessment sheet. We are working within the assessment without levels process and children are banded in Year groups linked to age related expectations. ‘Emerging, Expected or Exceeded’. 22% of our pupils took part in the most recent Streetdance after school club, 31% participate in the new Gymnastics club and 50% take part in multi skills. The whole staff have committed to the promotion of PE and actively motivate and take part in the activities we offer during and after the school day.**Headteacher quote:** *“Our teachers have become inspired to enjoy teaching PE again. The skills set of the team have been well developed. Our children have also been inspired to thrive during sporting activities and this attitude has become embedded into our daily lives.”* |
| **How are partners supporting the school/cluster of schools to embed and sustain the activity?**EBSSP are closely linked to our school and regularly keep in touch to offer staff training, inter school competitions, young sports leaders and red cross training. Termly events and activities are scheduled between schools and in house. |