



## Secondary Dance Competition – Friday 22<sup>nd</sup> April – 1pm – 3pm (approx. timings – tbc dependent on number of entries)

**Kings House, 245 Amphill Road, Bedford, MK42 9AZ**

### Competition Format

The competition will be open to pupils in years 7 to 13.

Teams will be required to perform a pre-planned dance routine. Please note, staff are permitted to prompt their team during the routine.

The theme for the competition is ***The Commonwealth Games – inspiring friendship, embracing celebration and diversity and connecting communities*** and teams can perform to any music that fits in with this theme. Music must be suitable for the age group and may encompass a variety of styles. Profanities and referrals of a sexual, violent or racial nature are not allowed.

Teams should consist of a maximum of 12 performers and teams can be boys, girls or mixed teams.

The routine should last between 2 to 3 minutes. Each school will be responsible for starting and stopping their own music to ensure no mistakes are made. The floor surface will be a hard floor – no mats.

### Scoring

All team performances will be marked out of 50 points (up to 10 in each category) will be awarded in the following areas:

- Choreography
- Timing & Synchronisation
- Transition/Flow of routine
- Execution
- Energy/Effort/Entertainment Value/Link to theme

### Clothing

Schools do not have to wear specific uniforms although schools are encouraged to wear outfits or dress the same, whether this is in PE kit or similar sporting attire. Props can also be used to enhance the dances.

The competition will be held indoors, although it is also recommended that children bring warm clothing to put on when not competing.

### Entry

To enter the competition, please visit <https://www.teambedsandluton.co.uk/county-finals>

