



BASKETBALL

Squad Information

Maximum of 10 in a squad (5 in a team)

Year groups

Year 7, Year 8, Year 9, Year 10/11

Gender

Boys and Girls

Equipment (schools need to bring to the competition)

Basketballs and bibs

COMPETITION FORMAT

Teams will be single sex and made up of up to ten players, of which only five are permitted on court at one time.

Games shall consist of 2 halves against a running clock (time dependent on number of teams and facility available). If two courts are being used, a single running clock may simultaneously coordinate both courts to start and finish at the same time.

Timeouts will be 1 min in duration where the running clock is stopped. Referee to utilise discretion and allow player to complete free throws if central timeout is called during the foul shot process. Otherwise each team is permitted to have one time out of one minute per half although this may be removed if time does not allow.

Games will be started with a jump ball in the centre circle and time begins when the ball has been tipped by a jumping player. Possession arrow to be noted by referee and table official to determine subsequent possessions i.e. beginning of 2nd half and possible overtime. Second half will commence with a side line ball on the half way line.

After a basket, the opponents will be given the ball to make a throw in from any point behind the baseline.

Once a team gains possession of the basketball they have 24 seconds to attempt a shot. Subsequently, if they fail to do so possession will be awarded to the opposition.

Within the 24 second shot clock a team must advance the ball over the halfway line within 8 seconds.

On a side line or end line situation, once handed the ball by the referee a team has 5 seconds to inbound the ball.

Players may be substituted at any time on a dead ball.

The three second rule applies; Offensive players are not permitted to spend more than 3 seconds in the 'key' at any one time. Players get another 3 seconds every time they re-enter the lane after exiting or when a shot is attempted.

Half court man to man defences only at Year 7. Zone defence is not permitted in any U13 or U14 games. Any defence style is allowed at the U16 age group.

If any violation is committed, the non offending team will gain possession of the ball and re-start the game from a throw-in from the side line.

Violations include:

- Deliberately kicking the ball or striking it with a fist
- Knocking the ball out of court
- 'Over and back' halfway line violation.
- Dribbling with two hands on the ball at once or letting the ball come to rest then continuing to dribble (Double Dribble).
- Running with the ball (Travelling).

A personal foul involves personal contact with an opponent, if this occurs in the act of shooting, two free throws are allowed - otherwise it is sideline ball to the opposing team. Each team is allowed 5 team fouls in each period, i.e. a penalty will apply on the 6th team foul. Once a player has 5 personal fouls he/she takes no further part in the game.

If the score is tied at the end of regulation time a free throw 'shootout' will decide the result of the game

Year 10&11 boys games will be played with a size 7 ball, year 10&11 girls, Year 9 and Year 8 boys games will be played with a size 6 basketball and Year 7 (boys & girls) and year 8 and year 9 girls games need to be played with a size 5 ball.

SCORING

A basket scored from the field, outside of the arc is 3 points and everything scored inside the arc is 2 points.

Any baskets scored from a free throw after a foul are 1 point each.

CLOTHING

All players need to wear numbered shirts and numbers need to be visible to the referees to call fouls.