

Swallowfield Lower School Case Study



Background

Swallowfield Lower School recognises the importance that physical education plays in the social, physical and cognitive development of children. It provides the foundation of a healthy lifestyle and contributes to the development of literacy, numeracy and citizenship and is essential to the development of the whole child.

Staff Quote

"I found the ASA swimming training useful in providing me with a range of educational activities and games for the children to perform in the pool. I now feel confident in teaching swimming at primary level with my class. The children have really enjoyed and progressed in their swimming this year" **Year 3 Teacher**

"Working with coaches this year has been useful. I feel that I've gained a lot of experience and ideas from them. I am confident that I could teach Orienteering to my year 4's next year using what I have learned" **Year 4 Teacher**

Quotes from children

"PE is great because we get to go outside!" **Year 1 Child**

"I love swimming lessons! I can put my head under water now" **Year 2 child**

"I enjoyed learning how to play tag rugby. Bruce is really cool!" **Year 3 Child**

"PE is my favourite lesson! I like PE because it makes me happy. It feels like a game!" **Year 4 Child**

Actions Sports Premium funding has been used at Swallowfield to make sure that the children are receiving high quality PE lessons delivered by experienced teachers and coaches.

We are very fortunate to have a swimming pool on site which allows all of our children to start swimming at foundation stage and continue until they leave in Year 4. Due to this it's important for us to make sure teachers are trained and confident in their ability to teach children to swim. Three teachers this year have completed their ASA swimming National Curriculum Training Program meaning that 100% of our teaching staff are now able to teach swimming in school.

Specialist coaches have been used to deliver some sports such as tennis, tag rugby, Kwik cricket and orienteering. These lessons are delivered alongside the class teacher.

Who was involved: Swallowfield Lower School staff, ASA Swimming, Tennis Skool coaching, Bruce McTavish. Cluster schools from within the local area.

Impact

Achievements: All children at Swallowfield have been taught high quality PE lessons focused on developing the whole child. Children start swimming and water safety lessons before entering Key Stage 2 and have lessons throughout the year. This is a real advantage to the children who have a head start in their swimming.

Professional, experienced coaches have been used to help the children get the most out of their PE lessons. These sessions are always taught alongside the class teacher. Teachers take an active role in these lessons, supporting with the delivery. All staff are aware that the coaches are in place to help improve their own delivery of the PE curriculum by gaining experience, ideas and confidence in their own teaching.

Impact on the children: Children enjoy their PE lessons in an all-inclusive environment. Our School engaged in Level 1 School Games competitions for Early Years, Key Stage 1 and 2 pupils giving a 100 % opportunity for pupils to be exposed to competitive school sport.

How partners are supporting the school/cluster of schools to embed and sustain the activity

Sustainability of activity: Teachers are now trained and confident in delivering swimming sessions from Foundation upwards. Teachers gained valuable experience in teaching tag rugby, tennis, orienteering and Kwik cricket lessons. They feel confident in teaching these activities if coaches were no longer feasible.

Support in School: Swallowfield has a good relationship with a number of partners in the area including: Woburn Sands Golf Club, Tennis Skool coaching, Premier Sport, Bruce McTavish, LC2 Learning community. Swallowfield Lower School was also used by surrounding schools to deliver the ASA National Curriculum Training Program.