

# DODGEBALL TARGET THROW



## EQUIPMENT: REQUIRED

- ❖ 3 x A4 sheets of paper
- ❖ Cones
- ❖ Up to 12 x dodgeballs (or indoor foam /soft touch balls – please do not use anything as small as a tennis ball)

## AGE CATEGORIES

- ❖ Year 3&4, Year 5&6
- ❖ Year 7&8, Year 9, Year 10&11

## TEAM SIZE

- ❖ 6 players per team (3 girls and 3 boys at KS2).
- ❖ 6 players per team (single sex at KS3)
- ❖ You can enter scores from as many teams as you like
- ❖ Players cannot play for more than 1 team

## RULES

- ❖ Blu-tac three A4 Sheets to the wall at the opposite end of the court/hall at roughly chest height for your pupils.
- ❖ Create a “halfway line” 6m away from the wall.
- ❖ A maximum of 2 balls per person can be allowed on court.
- ❖ All 6 players stand behind the halfway line with the balls.
- ❖ The team has **2 minutes** to see how many times they can hit the target without crossing the halfway line (staff can retrieve balls for the team from beyond the halfway line if needed).

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NB: It may be necessary to adapt the rules depending on your individual school's risk assessments on social distancing and sharing of equipment in PE. (For example, you could have each player throwing separately using 2 balls - 2 minutes per player)

## SCORING

- ❖ Add up the total number of hits on target made by each team during the time allocated.
- ❖ When submitting more than one team's score, please give each team a 'team name'
- ❖ Top 2 teams with the highest scores will qualify through to the county final

**Deadline for entries is Friday 27<sup>th</sup>  
November**

**County Finals deadline is Friday 11<sup>th</sup>  
December**

**GOOD LUCK TO ALL  
PARTICIPANTS!**